

# MIFFLINBURG AREA HIGH SCHOOL

## SAP Team

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The Student Assistance Program (SAP) Team is made up of teachers, counselors, the nurse, and administrators who have special training in helping adolescents through difficult situations that may affect their general well being. The Team can help teens with family problems, depression, truancy, eating disorders, suicidal tendencies, physical and sexual abuse, pregnancy, and chemical abuse.

### How do I make a referral?

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#### *PARENTS & COMMUNITY MEMBERS:*

Call the Mifflinburg Area High School (570-966-8230) and ask to speak to an administrator, guidance counselor, or an SAP team member.

#### *STUDENTS & FRIENDS:*

Speak to a guidance counselor, any SAP team member, or any teacher to make a referral. If you're a friend of a student at Mifflinburg High School and you do not attend the Mifflinburg Schools, follow the same suggestions as those listed for PARENTS & COMMUNITY MEMBERS. **\*THERE IS ALSO A DROP BOX FOR REFERRALS IN THE LIBRARY.**

#### *FACULTY, ADMINISTRATION, AND SUPPORT STAFF:*

Obtain a referral form from the office, faculty room, or from any SAP team member.

**All referrals will be kept confidential by the SAP Team!**

## MEMBERS OF THE SAP TEAM

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Mr. Beddall—Teacher

Mrs. Bordner - Family & Child  
Specialist

Mrs. Chiboroski—Nurse

Mrs. Dressler - Teacher

Mr. Fogel - Principal

Mrs. Grubb — Guidance Counselor

Mr. Hessert - Teacher

Mr. Magargle - Teacher

Mr. Shriver - Guidance Counselor

Mrs. Tice—Assistant Principal

### When do I make a referral?

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**It may be time to refer a student if you notice any of these signals:**

- ~ Domestic violence, child abuse, rape, or other assault*
- ~Previously attempted or spoken of suicide*
- ~Developed significant changes in peer relationships*
- ~Exhibits dare-devil or self-abusive behaviors*
- ~Withdrawn socially from family, friends, and teachers*
- ~Experiencing underachievement in school*
- ~Exhibits signs of not wanting to finish school*
- ~ Is involved with a member of a family unit that abuses drugs*
- ~Significant loss of a family member or friend (anniversary of loss)*
- ~Diminished interest in usual pursuits*
- ~Experienced broken or difficult family relationships*
- ~Involvement in illegal behavior*